

Degree Offered

Associate in Science
Psychosocial Rehabilitation

Curriculum Code: 210**Program Information**

A joint Associate of Science Degree in conjunction with the University of Medicine and Dentistry of New Jersey – School of Health Related Professions. Psychosocial rehabilitation (also known as psychiatric rehabilitation) is a field of practice that promotes recovery, full community integration and improved quality of life for persons diagnosed with severe mental illnesses. Psychiatric rehabilitation services focus on helping individuals develop skills and access resources needed to increase their capacity to be successful and satisfied in the living, working, learning, and social environments of their choice. Psychiatric rehabilitation professionals provide community services to people with severe mental illnesses and other disabilities, empowering them to manage their lives and live rewarding productive lives in the community.

The Psychosocial Rehabilitation program will provide students with the basic skills and rehabilitation techniques to begin their careers. As part of the program, students will complete two semesters of fieldwork at a community service agency.

The Psychosocial Rehabilitation program is a cooperative program offered by Cumberland County College (CCC) and the University of Medicine and Dentistry of New Jersey School of Health Related Professions (UMDNJ-SHRP). Students complete 31 pre-professional credits in general education and science courses at CCC. The Psychosocial Rehabilitation professional course component is completed at UMDNJ's Stratford campus, and the program's affiliated clinical sites. A total of 63-64 credits are required for the joint AS degree. Students must apply to UMDNJ-SHRP for acceptance into the professional courses. Graduates receive a joint degree from CCC and from UMDNJ-SHRP. Program graduates are aligned into the dual Bachelor of Science Degree in Psychiatric Rehabilitation and Psychology at UMDNJ.

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Psychosocial Rehabilitation

A joint A.S. Degree in conjunction with the University of Medicine and Dentistry of New Jersey – School of Health Related Professions

Program Requirements (30 credits)**Credits**

These credits will be completed upon acceptance at the University of Medicine and Dentistry of New Jersey School of Health Related Professions (UMDNJ-SHRP) located in Stratford, New Jersey.

<input type="checkbox"/>	PSRT 1101	Introduction to Psychosocial Rehab	3
<input type="checkbox"/>	PSRT 1102	Communication Techniques	3
<input type="checkbox"/>	PSRT 1103	Introduction to Group Dynamics	3
<input type="checkbox"/>	PSRT 1204	Clinical Principles in Psych Rehab	3
<input type="checkbox"/>	PSRT 1019	Clinical Practicum I	6
<input type="checkbox"/>	PSRT 2019	Clinical Practicum II	6
<input type="checkbox"/>	PSRT 2121	Community Resource Management	3
<input type="checkbox"/>	PSRT 2231	Emerging Topics in Psych Rehab	3

General Education and Health Science Requirements (31 credits)

(These credits will be completed at Cumberland County College prior to enrolling in the Psychosocial Rehabilitation professional courses.)

General Education (25 credits)

<input type="checkbox"/>	EN 101	English Composition I	3
<input type="checkbox"/>	EN 102	English Composition II	3
<input type="checkbox"/>	PY 101	General Psychology	3
<input type="checkbox"/>	PY 207	Human Growth & Development	3
<input type="checkbox"/>	CS 101	Introduction to Microcomputers	3
<input type="checkbox"/>	MA 110	College Algebra	3
<input type="checkbox"/>	SO 201	Introductory Sociology	3
<input type="checkbox"/>	BI 104	Human Biology	3
<input type="checkbox"/>	BI 105	Human Biology Lab	1

Health Science (6 credits)

<input type="checkbox"/>	HS 140	Legal & Ethical Issues in Healthcare	3
<input type="checkbox"/>	HS 112	Dynamics of Health & Fitness or	
<input type="checkbox"/>	HS 101	Elements of Healthcare Careers	3

Total Credits**61****Upon completion of this program, students should be able to:**

- Assist in the rehabilitative care of people with severe mental illness in structured programs.
- Demonstrate professional demeanor, behavior and attitudes.
- Promote the processes of recovery and wellness.
- Access wellness and recovery resources for personal and professional practice
- Implement evidence-based rehabilitation interventions.