

CUMBERLAND COUNTY COLLEGE

Course: AR 103– Introduction to Art Therapy and Methods

Credits: 3

Prerequisites

EN 060 or placement through CBST

Description:

This course provides an introduction to the art therapy profession. Students will learn about the interface of art and therapy as well as basic theory and application of the discipline through definitions, history, and basic elements within the field. Course topics will research major contributors to the field, what art therapists do and where art therapists work. Student will be able to identify the significance of art as a therapeutic agent and a springboard to non-verbal communication.

Learning Outcomes:

At the completion of this course, students should be able to:

- Identify and utilize an overview of the historical foundations of art therapy
- Identify and recognize major contributions of several prominent art therapists
- Recognize the foundations of art therapy
- Recognize the use of art as symbolic communication
- Define the role of art therapists in educational, clinical, and community settings

Topical Outline:

- Introduction to Art Therapy
- Art Methods/Fundamentals
- Art Therapy Methods and Applications
- Art Therapy in Practice
- Continuing Education Programs

Required Texts and Other Materials

Malchiodi, C.A. (1998). The Art Therapy Sourcebook. Los Angeles: Lowell House.

Required Material

9" X12" sketchbook and drawing media of your choice for a visual journal;
Portfolio/binder for in-class art assignments

Student Assessment

Will be based on a combination of quizzes, exams, homework, oral presentations, written papers and class participation.

Academic Integrity

Plagiarism is cheating. Plagiarism is presenting in written work, in public speaking, and in oral reports the ideas or exact words of someone else without proper documentation.

Whether the act of plagiarism is deliberate or accidental [ignorance of the proper rules for handling material is no excuse], plagiarism is, indeed, a “criminal” offense.

As such, a plagiarized paper or report automatically receives a grade of **ZERO** and the student may receive a grade of **F** for the semester at the discretion of the instructor.

Available Resources

If you are having difficulty with work in this class, tutoring is available through the Success Center. If you think that you might have a learning disability, contact Project Assist at 856.691.8600, x1282 for information on assistance that can be provided to eligible students.

(List availability of open labs and/or writing center)

Before Withdrawing From This Course

If a student experiences adverse circumstances while enrolled in this course and considers withdrawing, s/he should see an advisor (division or advisement center) BEFORE withdrawing from the class. A withdrawal may cause harmful repercussions to completion rate standards and overall GPA which can limit or eliminate future financial aid in addition to causing academic suspension.