

Cumberland County College

Course: AR 104 – Introduction to Art Therapy in Practice

Credits: 3

Prerequisites:

AR 103

Description

Students will study specific applications of art therapy as they relate to school, clinical, prevention, rehabilitation, Juvenile Justice, community populations and agencies. Age group of studies also includes both student and adult populations. Mean or assessment/diagnosis and treatment with individuals and groups will be explored. Students will have the opportunity (as an observer) participant in various field experiences under the direct supervision of an art therapist (ATR). Students can expect guest speakers, lecturers, site visits, and potential internship opportunities

Learning Outcomes

At the completion of this course, students should be able to:

- Apply the learned foundations and techniques of art therapy in diverse populations
- Apply the major techniques/studies of several prominent art therapists to studied populations
- Apply principles of Art Therapy as a means of non-verbal communication
- Recognize art and universal symbols
- Define and apply the role of art therapists in educational, clinical, and community settings with an emphasis on special populations

Topical Outline

- Pioneers of the discipline
- Nonverbal Communication
- Use of Symbols
- Approaches
- Techniques
- Assessment
- Settings
- Professional Issues

Required Texts and Other Materials

Rubin, J.A. (2010). *Introduction to Art Therapy: Sources & Resources*. New York: Routledge

Required Material

9” X12” sketchbook and drawing media of your choice for a visual journal;
Portfolio/binder for in-class art assignments

Student Assessment

Will be based on a combination of quizzes, exams, homework, oral presentations, written papers and class participation.

Academic Integrity

Plagiarism is cheating. Plagiarism is presenting in written work, in public speaking, and in oral reports the ideas or exact words of someone else without proper documentation.

Whether the act of plagiarism is deliberate or accidental [ignorance of the proper rules for handling material is no excuse], plagiarism is, indeed, a “criminal” offense.

As such, a plagiarized paper or report automatically receives a grade of **ZERO** and the student may receive a grade of **F** for the semester at the discretion of the instructor.

Available Resources

If you are having difficulty with work in this class, tutoring is available through the Success Center. If you think that you might have a learning disability, contact Project Assist at 856.691.8600, x1282 for information on assistance that can be provided to eligible students.

(List availability of open labs and/or writing center)

Before Withdrawing From This Course

If a student experiences adverse circumstances while enrolled in this course and considers withdrawing, s/he should see an advisor (division or advisement center) BEFORE withdrawing from the class. A withdrawal may cause harmful repercussions to completion rate standards and overall GPA which can limit or eliminate future financial aid in addition to causing academic suspension.