

## CUMBERLAND COUNTY COLLEGE

### **Course: NU 113 – Concepts in Nursing Practice I**

**Credits:** 7

#### **Prerequisites**

Admission to Nursing Program, BIO 101, 102 or CHEM 101  
College level English, Math and Reading

#### **Description**

This course is the foundation for all remaining courses in the program. In this course students will explore the concepts encountered throughout nursing practice. Focus will be on the concepts related to health across the lifespan. Integrated throughout this course will be the foundations of the nursing knowledge, skills and attitudes for high quality, safe care. Lab will focus on health and physical assessment across the lifespan, as well as basic clinical skills. Demonstration and return demonstration, as well as simulation exercises will be employed. Clinical focus will be outpatient health environments such as adult day care, senior centers, assisted living facilities, long term care facilities and school nursing experiences.

#### **Learning Outcomes**

At the completion of this course, students will be able to:

- Demonstrate concepts of safety in the clinical setting
- Demonstrate concepts of basic care and comfort in the clinical setting
- Identify the components of the nursing process as they relate to health care for varied populations
- Examine the impact of the environment and health on humans in varied populations
- Exhibit critical reasoning through reflective journaling
- Identify appropriate communication techniques with varied populations
- Demonstrate the basic concepts of the teaching-learning process
- Demonstrate effective use of scholarly databases to develop and present a peer presentation

#### **Topical Outline**

- The focus of this course is the foundational practice of nursing. Basic concepts such as care and comfort, safety and health, wellness & illness will be discussed. Both lab and clinical settings will include an interactive, hands-on demonstration of patient care.

### **Required Texts and Other Materials**

North Carolina Concept Based Learning Editorial Board (2015). *Nursing: A concept-based approach to learning* (2<sup>nd</sup> ed.), Upper Saddle River, NJ: Pearson Education, Inc. **ISBN:** 978-0-13-3895580. (volume one)

North Carolina Concept Based Learning Editorial Board. (2015). *Nursing: A concept-based approach to learning* (2<sup>nd</sup> ed.), Upper Saddle River, NJ: Pearson Education, Inc. **ISBN:** 978-0-13-3895580. (volume two)

North Carolina Concept Based Learning Editorial Board (2015). *Clinical Nursing Skills: A concept-based approach, Volume III*, Upper Saddle River, NJ: Pearson Education, Inc. **ISBN:** 978-0-13-3351793.

My Nursing Lab for Nursing Concepts – Student Access for Nursing: A Concept-Based Approach to Learning, **ISBN:** 978-0-13-3926842.

Adams, M., & Urban, C., (2016). *Pharmacology; Connections to Nursing Practice* (3<sup>rd</sup> ed.). Upper Saddle River, NJ: Pearson.

Doenges, M.E., Moorhouse, M.F., & Murr, A.C. (2013). *Nurse's pocket guide: Diagnoses, prioritized, interventions, and rationales* (13<sup>th</sup> ed.). Philadelphia, PA: F. A. Davis Company.

### **Student Assessment**

Theory Exams, 3 exams X 18%

Final exam 42%

College Laboratory 4%

### **Academic Integrity**

Plagiarism is cheating. Plagiarism is presenting in written work, in public speaking, and in oral reports the ideas or exact words of someone else without proper documentation. Whether the act of plagiarism is deliberate or accidental [ignorance of the proper rules for handling material is no excuse], plagiarism is, indeed, a “criminal” offense. As such, a plagiarized paper or report automatically receives a grade of **ZERO** and the student may receive a grade of **F** for the semester at the discretion of the instructor.

### **Available Resources**

If you are having difficulty with work in this class, tutoring is available through the Success Center. If you think that you might have a learning disability, contact Project Assist at 856.691.8600, x1282 for information on assistance that can be provided to eligible students.

**(List availability of open labs and/or writing center)**

### **Before Withdrawing From This Course**

If a student experiences adverse circumstances while enrolled in this course and considers withdrawing, s/he should see an advisor (division or advisement center) BEFORE withdrawing from the class. A withdrawal may cause harmful repercussions to completion rate standards and overall GPA which can limit or eliminate future financial aid in addition to causing academic suspension.