

## CUMBERLAND COUNTY COLLEGE

Course: SO 212 Social Psychological Counseling

Credits: 3

Prerequisites: SO 201

Description: This course is designed to introduce students to techniques as well as methods of recording commonly used in agency practice. In addition, an overview of normal and abnormal growth and development will be stressed with practical application from clients in field experiences case materials drawn from the Council of Social Work Education materials, including case work, group work, and community organization methods.

Learning Outcomes:

At the completion of this course, students should be able to:

- Value clarification
- Demonstrate self-awareness and interpersonal awareness
- Identify nonverbal behavior
- Use listening and communication skills
- Process reporting and assessment and treatment plans
- Use appropriate counseling strategies when confronting clients exhibiting behaviors “normal” and “abnormal”
- Practice interviewing skills and strategies

Topical Outline:

- Values
- Perpetuating Factors
- Constraining Factors
- Identification of Factors
- Helping Environment
- Nonverbal Communication
- Verbal Communication
- Listening Responses
- Action Responses
- Sharing and Teaching Responses
- Discrimination
- Defining the Program
- Selecting Goals
- Selecting Strategies
- Strategy Implementation
- Follow Up

- Termination

Text: Cornier, S., Nurius, P., Osborn, C. (2009). *Interviewing Strategies for Helpers: A Guide to Assessment, Treatment and Evaluation* (8<sup>th</sup> ed.). Brooks/Cole.

Student Assessment: Therapy Role Play required. Additional assessment may be accomplished through projects, portfolios, exams, presentations and/or research papers.

\* Students should be reminded to save all course work for portfolio development.

Academic Integrity: Plagiarism is cheating. Plagiarism is presenting in written work, in public speaking, and in oral reports the ideas or exact words of someone else without proper documentation. Whether the act of plagiarism is deliberate or accidental [ignorance of the proper rules for handling material is no excuse], plagiarism is, indeed, a “criminal” offense. As such, a plagiarized paper or report automatically receives a grade of **ZERO** and the student may receive a grade of **F** for the semester at the discretion of the instructor.

Note: If you are having difficulty with work in this class tutoring is available through the Center for Academic & Student Success. If you think that you might have a learning disability, contact Project Assist at 856.691.8600 x 1282 for information on assistance that can be provided to eligible students.

### **Before Withdrawing From This Course**

If a student experiences adverse circumstances while enrolled in this course and considers withdrawing, s/he should see an advisor (division or advisement center) **BEFORE** withdrawing from the class. A withdrawal may cause harmful repercussions to completion rate standards and overall GPA which can limit or eliminate future financial aid in addition to causing academic suspension.